

The January 2026 AP-NORC Center Poll

Conducted by The Associated Press-NORC Center for Public Affairs Research
With funding from The Associated Press and NORC at the University of Chicago

*Interviews: 01/08-11 /2026
1,203 adults*

*Margin of sampling error: +/- 3.9 percentage points at the 95% confidence level
among all adults*

*Republicans, including leaners: N=404; margin of sampling error = +/- 6.0 percentage points
Independents, other, no answer: N=236; margin of sampling error = +/- 8.9 percentage points
Democrats, including leaners: N=563; margin of sampling error = +/- 5.8 percentage points*

NOTE: All results show percentages among all respondents, unless otherwise labeled.

CUR2. Overall, do you approve or disapprove of the way Donald Trump is handling his job as president?

CUR3. If don't know, skipped, or refused in CUR2

If you had to choose, do you lean more toward approving or disapproving of the way Donald Trump is handling his job as president?

CUR3A. If approve in CUR2

Would you say you approve of the way Donald Trump is handling his job as president strongly or do you approve just somewhat?

CUR3B. If disapprove in CUR2

Would you say you disapprove of the way Donald Trump is handling his job as president strongly or do you disapprove just somewhat?

[HALF SAMPLE ASKED RESPONSE OPTIONS IN REVERSE ORDER]

AP-NORC	Approve NET	Strongly approve	Somewhat approve	Lean toward approv -ing	Not lean either way	Dis- approve NET	Lean toward disapp- roving	Some- what dis- approve	Strongly dis- approve	DK	SKP /REF
01/08-11/2026 (N=1,203)	40	20	20	*	1	59	*	12	47	-	*
12/4-8/2025 (N=1,146)	36	18	18	*	1	61	*	15	47	-	1
11/6-10/2025 (N=1,143)	36	18	17	*	1	62	-	13	49	-	1
10/09-13/2025 (N=1,289)	37	19	18	1	1	61	*	17	43	-	1
09/11-15/2025 (N=1,183)	39	21	18	*	1	60	*	18	42	-	1
08/21-25/2025 (N=1,182)	45	25	19	*	2	53	*	13	40	-	*
07/10-14/2025 (N=1,437)	40	21	18	1	1	58	*	15	43	-	1
06/05-09/2025 (N=1,158)	39	20	19	*	1	60	*	18	41	-	*
05/01-05/2025 (N=1,175)	41	24	17	*	1	57	1	13	43	*	1
04/17-21/2025 (N=1,260)	39	22	16	*	1	59	1	16	43	-	1
03/20-24/2025 (N=1,229)	42	22	20	*	1	56	1	15	40	-	1
12/3-7/2020 (N=1,117)	40	24	16	-	*	58	*	12	46	-	1
10/08-12/2020 (N=1,121)	39	22	17	*	*	61	*	15	46	*	*

AP-NORC	Approve NET	Strongly approve	Somewhat approve	Lean toward approv -ing	Not lean either way	Dis- approve NET	Lean toward disapp- roving	Some- what dis- approve	Strongly dis- approve	DK	SKP /REF
09/11-14/2020 (N = 1,108)	43	25	17	*	1	56	*	11	44	-	*
08/17-19/2020 (N=1,075)	35	18	16	*	*	65	1	19	46	*	*
07/16-20/2020 (N=1,057)	38	24	14	*	1	61	*	11	50	-	*
06/11-15/2020 (N=1,310)	39	21	17	*	1	60	*	10	49	-	1
05/14-18/2020 (N=1,056)	41	22	19	*	*	58	*	14	44	-	1
04/16-20/2020 (N=1,057)	42	22	20	-	-	57	*	16	41	-	1
03/26-29/2020 (N=1,057)	43	26	17	-	*	56	*	16	39	-	*
02/13-16/2020 (N=1,074)	43	24	19	*	1	56	*	16	40	-	1
01/16-21/2020 (N=1,353)	41	24	17	1	*	58	*	14	44	-	*
12/5-9/2019 (N=1,053)	40	23	17	*	-	60	*	15	45	-	*
10/24-28/2019 (N=1,075)	42	25	17	*	1	56	*	14	42	-	1
09/20-23/2019 (N=1,286)	40	24	16	*	1	59	*	16	42	-	1
8/15-18/2019 (N=1,060)	36	21	15	*	*	62	-	16	46	*	2
6/13-17/2019 (N=1,116)	38	19	19	*	*	60	*	17	43	-	1
5/17-20/2019 (N=1,137)	38	19	18	*	1	61	1	13	47	*	1
4/11-14/2019 (N=1,108)	39	19	20	*	1	60	*	13	46	-	*
3/14-18/2019 (N=1,063)	40	22	18	*	*	58	1	15	42	-	1
1/16-20/2019 (N=1,062)	34	18	16	*	*	65	1	11	53	*	*
12/13-16/2018 (N=1,067)	42	21	21	*	1	56	*	14	42	-	1
10/11-14/2018 (N=1,152)	40	21	19	*	1	59	*	14	45	-	1
8/16-20/2018 (N=1,055)	38	18	20	-	1	60	1	17	43	-	1

AP-NORC	Approve NET	Strongly approve	Somewhat approve	Lean toward approv -ing	Not lean either way	Dis- approve NET	Lean toward disapp- roving	Some- what dis- approve	Strongly dis- approve	DK	SKP /REF
6/13-18/2018 (N=1,109)	41	21	20	*	1	57	*	16	42	*	*
4/11-16/2018 (N=1,140)	40	19	20	*	1	59	*	15	44	-	1
3/14-19/2018 (N=1,122)	42	20	21	*	1	58	*	14	44	-	*
2/15-19/2018 (N=1,337)	35	19	17	-	1	64	*	17	46	*	*
12/7-11/2017 (N=1,020)	32	15	17	*	*	67	*	16	51	-	*
9/28- 10/2/2017 (N=1,150)	32	20	12	*	*	67	*	17	50	*	*
6/8-11/2017 (N=1,068)	35	16	18	*	1	64	*	17	47	*	1
3/23-27/2017 (N=1,110)	42	20	22	*	*	58	*	14	43	-	1

CURY2. Overall, do you approve or disapprove of the way Donald Trump is handling...?

[GRID ITEMS RANDOMIZED; HALF SAMPLE ASKED RESPONSE OPTIONS IN REVERSE ORDER]

AP-NORC		Approve	Disapprove	DK	SKP/REF
The economy	01/08-11/2026 (N=1,203)	37	62	*	1
	12/4-8/2025 (N=1,146)	31	67	*	2
	11/6-10/2025 (N=1,143)	33	67	*	*
	10/09-13/2025 (N=1,289)	36	62	1	2
	09/11-15/2025 (N=1,183)	37	62	*	1
	08/21-25/2025 (N=1,182)	43	54	*	2
	07/10-14/2025 (N=1,437)	38	60	*	1
	06/05-09/2025 (N=1,158)	38	60	*	1
	05/01-05/2025 (N=1,175)	36	63	*	1
	04/17-21/2025 (N=1,260)	37	61	*	1
	03/20-24/2025 (N=1,229)	40	58	1	1
	10/08-12/2020 (N=1,121)	49	51	*	*
	09/11-14/2020 (N = 1,108)	50	49	*	1
	08/17-19/2020 (N=1,075)	47	52	*	1
	07/16-20/2020 (N=1,057)	48	51	*	*
	06/11-15/2020 (N=1,310)	49	50	*	1
	05/14-18/2020 (N=1,056)	49	50	*	1
	04/16-20/2020 (N=1,057)	52	47	*	1
	03/26-29/2020 (N=1,057)	56	43	*	1
	01/16-21/2020 (N=1,353)	56	43	1	1
	10/24-28/2019 (N=1,075)	54	44	*	*
	09/20-23/2019 (N=1,286)	51	47	1	1
	08/15-18/2019 (N=1,060)	46	51	1	2
	06/13-17/2019 (N=1,116)	47	51	1	1
	01/16-20/2019 (N=1,062)	44	55	-	1
	10/11-14/2018 (N=1,152)	50	49	*	1
	08/16-20/2018 (N=1,055)	51	49	*	-
	03/14-19/2018 (N=1,122)	47	52	*	*
	02/15-19/2018 (N=1,337)	45	53	-	*
	12/07-11/2017 (N=1,020)	40	59	*	-
	10/12-16/2017 (N=1,054)	41	57	*	*
	09/28-10/2/2017 (N=1,150)	42	56	*	*
	06/08-11/2017 (N=1,068)	43	55	*	*
	03/23-27/2017 (N=1,110)	50	47	-	*

AP-NORC		Approve	Disapprove	DK	SKP/REF
Immigration	01/08-11/2026 (N=1,203)	38	61	1	1
	12/4-8/2025 (N=1,146)	38	60	-	2
	11/6-10/2025 (N=1,143)	42	57	-	1
	10/09-13/2025 (N=1,289)	42	56	*	2
	09/11-15/2025 (N=1,183)	43	56	*	1
	08/21-25/2025 (N=1,182)	44	53	*	2
	07/10-14/2025 (N=1,437)	43	55	1	1
	06/05-09/2025 (N=1,158)	46	53	*	1
	05/01-05/2025 (N=1,175)	49	51	*	1
	04/17-21/2025 (N=1,260)	46	53	*	1
	03/20-24/2025 (N=1,229)	49	50	*	1
	09/20-23/2019 (N=1,286)	40	59	1	1
	8/15-18/2019 (N=1,058)	38	60	1	1
	6/13-17/2019 (N=1,116)	39	59	*	2
	1/16-20/2019 (N=1,062)	36	62	*	1
	10/11-14/2018 (N=1,152)	41	58	*	1
	8/16-20/2018 (N=1,055)	38	61	-	-
	2/15-19/2018 (N=1,337)	37	62	*	*
	9/28-10/2/2017 (N=1,150)	35	64	*	*
	6/8-11/2017 (N=1,068)	39	60	*	*
	3/23-27/2017 (N=1,110)	45	54	-	*
Venezuela	01/08-11/2026 (N=1,203)	41	57	1	1
Foreign policy	01/08-11/2026 (N=1,203)	37	61	1	2
	12/4-8/2025 (N=1,146)	37	60	1	2
	09/11-15/2025 (N=1,183)	39	59	*	2
	04/17-21/2025 (N=1,260)	38	60	1	1
	09/11-14/2020 (N = 1,108)	45	54	-	1
	08/17-19/2020 (N=1,075)	36	62	1	1
	05/14-18/2020 (N=1,056)	43	55	1	1
	04/16-20/2020 (N=1,057)	39	60	*	1
	03/26-29/2020 (N=1,057)	41	57	*	1
	01/16-21/2020 (N=1,353)	39	59	*	1
	10/24-28/2019 (N=1,075)	38	59	*	2
	09/20-23/2019 (N=1,286)	39	58	2	1
	08/15-18/2019 (N=1,058)	36	61	1	1
	01/16-20/2019 (N=1,062)	35	63	1	2
	10/11-14/2018 (N=1,152)	39	59	*	1
	08/16-20/2018 (N=1,055)	36	62	*	*
	02/15-19/2018 (N=1,337)	34	64	*	*
	12/07-11/2017 (N=1,020)	30	68	*	-
	09/28-10/2/2017 (N=1,150)	34	64	*	*
	06/08-11/2017 (N=1,068)	34	63	*	*
	03/23-27/2017 (N=1,110)	40	57	*	*

ROLE1. Do you think the United States should take a more or less active role solving the world's problems or is its current role about right?

[HALF SAMPLE ASKED RESPONSE OPTIONS IN REVERSE ORDER]

	AP-NORC 01/08- 11/2026	AP-NORC 9/11- 15/2025	AP-NORC 03/20- 24/2025	Pearson Institute/ AP-NORC 9/12- 16/2024	AP-NORC 02/22- 26/2024	AP-NORC 11/2- 6/2023	Pearson Institute/ AP-NORC 9/21- 25/2023	Pearson Institute/ AP-NORC 9/9- 12/2022	AP-NORC 8/12- 16/2021	AP-NORC 1/16- 20/20 19	AP-NORC 06/25- 07/7/ 2015
A more active role	17	27	23	23	23	18	24	21	27	30	27
Its current role is about right	36	38	39	43	36	36	42	43	39	37	33
A less active role	45	33	37	33	40	45	33	34	32	31	38
DON'T KNOW	*	1	1	*	*	1	*	*	*	1	1
SKIPPED/REF USED	1	1	1	1	1	*	*	2	1	1	1

N= 1,203 1,183 1,229 1,111 1,102 1,239 1,191 1,003 1,729 1,062 1,167

VEN1. Do you think recent U.S. intervention in Venezuela, including the capture of its president, Nicolas Maduro, will be mostly a good thing, mostly a bad thing, or neither a good thing nor a bad thing for each of the following?

[GRID ITEMS RANDOMIZED; HALF SAMPLE ASKED RESPONSE OPTIONS IN REVERSE ORDER]

AP-NORC 01/08-11/2026	Mostly a good thing	Mostly a bad thing	Neither good nor bad	DK	SKP/REF
U.S. national security	35	34	29	1	1
The Venezuelan people	44	30	24	1	1
The U.S. economy	32	31	35	1	1
Stopping the flow of illegal drugs into the U.S.	53	15	32	*	1

N=1,203

DJT5. When it comes to each of the following, would you say Donald Trump has gone too far, not gone far enough, or been about right?

[GRID ITEMS RANDOMIZED; HALF SAMPLE ASKED RESPONSE OPTIONS IN REVERSE ORDER]

AP-NORC		Gone too far	Not far enough	About right	DK	SKP/REF
Using the U.S. military to intervene in other countries	01/08-11/2026 (N=1,203)	56	8	35	*	1

PID1. Do you consider yourself a Democrat, a Republican, an Independent or none of these?

If Democrat:

PIDA. Do you consider yourself a strong or not so strong Democrat?

If Republican:

PIDB. Do you consider yourself a strong or not so strong Republican?

If independent, none of these, don't know, skipped, or refused:

PIDI. Do you lean more toward the Democrats or the Republicans?

Combines PID1, PIDI, PIDA, and PIDB.

[HALF SAMPLE ASKED RESPONSE OPTIONS IN REVERSE ORDER]

	AP-NORC 01/08-11/2026
Democrat NET	38
Strong Democrat	14
Not so strong Democrat	15
Lean Democrat	9
Independent/None – Don't lean	26
Republican NET	36
Lean Republican	8
Not so strong Republican	12
Strong Republican	16

N=

1,203

D3. Generally speaking, do you consider yourself to be a liberal, moderate, or conservative?

If liberal:

D4. Do you consider yourself very liberal or somewhat liberal?

If conservative:

IDEO. Do you consider yourself very conservative or somewhat conservative?

Combines D3, D4, D5:

[HALF SAMPLE ASKED RESPONSE OPTIONS IN REVERSE ORDER]

	AP-NORC 01/08-11/2026
Liberal NET	20
Very liberal	11
Somewhat liberal	9
Moderate	49
Conservative NET	29
Somewhat conservative	17
Very conservative	12
DON'T KNOW	1
SKIPPED ON WEB/REFUSED	2

N= 1,203

DM5. How would you describe the community you live in now?

	AP-NORC 01/08-11/2026
Urban area	29
Suburban area	48
Rural area	22
DON'T KNOW	*
SKIPPED ON WEB/REFUSED	1

N= 1,203

RELIG. What is your present religion, if any?

	AP-NORC 01/08-11/2026
Protestant	24
Roman Catholic	20
Mormon	2
Orthodox	1
Jewish	1
Muslim	1
Buddhist	1
Hindu	*
Atheist	4
Agnostic	5
Nothing in particular	19
Just Christian	19
Unitarian	1
Something else	1
DON'T KNOW	-
SKIPPED ON WEB/REFUSED	-

N= 1,203

If Religion is Protestant, Roman Catholic, Mormon, Orthodox, Christian, or something else:
BORN. Would you describe yourself as a 'born-again' or evangelical Christian, or not?

	AP-NORC 01/08-11/2026
Yes	39
No	61
DON'T KNOW	-
SKIPPED ON WEB/REFUSED	-

N= 816

AGE

	AP-NORC 01/08-11/2026
18-29	20
30-44	27
45-59	22
60+	31

N= 1,203

GENDER

	AP-NORC 01/08-11/2026
Male	49
Female	51
<i>N=</i>	1,203

RACE/ETHNICITY

	AP-NORC 01/08-11/2026
White, non-Hispanic	60
Black or African American	12
Hispanic	18
Other	10
<i>N=</i>	1,203

MARITAL STATUS

	AP-NORC 01/08-11/2026
Married	47
Not married	53
<i>N=</i>	1,203

EMPLOYMENT STATUS

	AP-NORC 01/08-11/2026
Employed	63
Not employed	37
<i>N=</i>	1,203

EDUCATION

	AP-NORC 01/08-11/2026
Less than a high school diploma	9
High school graduate or equivalent	28
Some college	26
Bachelor's degree	23
Post graduate study or professional degree	14
<i>N=</i>	1,203

CENSUS REGION

	AP-NORC 01/08-11/2026
Northeast NET	17
New England	5
Mid-Atlantic	12
Midwest NET	20
East North Central	14
West North Central	6
South NET	39
South Atlantic	21
East South Central	6
West South Central	12
West NET	24
Mountain	8
Pacific	16
<i>N=</i>	<i>1,203</i>

HOME OWNERSHIP

	AP-NORC 01/08-11/2026
Owned or being bought by you or someone in your household	64
Rented for cash	32
Occupied without payment of cash rent	4
<i>N=</i>	<i>1,203</i>

VOTE 2024

	AP-NORC 01/08-11/2026
Voted for Kamala Harris	29
Voted for Donald Trump	30
Voted for someone else	1
Didn't vote	41
SKIPPED ON WEB/REFUSED	*
<i>N=</i>	<i>1,203</i>

INCOME

	AP-NORC 01/08-11/2026
Under \$10,000	5
\$10,000 to under \$20,000	10
\$20,000 to under \$30,000	10
\$30,000 to under \$40,000	9
\$40,000 to under \$50,000	9
\$50,000 to under \$75,000	17
\$75,000 to under \$100,000	12
\$100,000 to under \$150,000	15
\$150,000 or more	13
<i>N=</i>	<i>1,203</i>

Study Methodology

This survey was conducted by The Associated Press-NORC Center for Public Affairs Research and with funding from The Associated Press and NORC at the University of Chicago.

Data were collected using the AmeriSpeak Omnibus®, a monthly multi-client survey using NORC's probability-based panel designed to be representative of the U.S. household population. The survey was part of a larger study that included questions about other topics not included in this report. During the initial recruitment phase of the panel, randomly selected U.S. households were sampled with a known, non-zero probability of selection from the NORC National Sample Frame and then contacted by U.S. mail, email, telephone, and field interviewers (face-to-face). The National Sample Frame provides coverage of approximately 97 percent of the U.S. household population. The U.S. Postal Service delivery-sequence file (DSF) and National Consumer Address File have been used in a subset of years as a supplemental sample during AmeriSpeak panel recruitment for low coverage states. Those excluded from the sample include people with P.O. Box only addresses, some addresses not listed in the USPS Delivery Sequence File, and some newly constructed dwellings.

Interviews for this survey were conducted between January 8 through January 11, 2026, with adults aged 18 and over representing the 50 states and the District of Columbia. Panel members were randomly drawn from AmeriSpeak, and 1,203 completed the survey—1,097 via the web and 106 by telephone. Panel members were invited by email or by phone from an NORC telephone interviewer. Interviews were conducted in both English and Spanish, depending on respondent preference. Respondents were offered a small monetary incentive for completing the survey. The weighted household panel recruitment rate is 24.9 percent, the survey completion rate is 28.4 percent, for a weighted cumulative response rate of 7.1 percent. The overall margin of sampling error is +/-3.9 percentage points at the 95 percent confidence level, including the design effect. The margin of sampling error may be higher for subgroups. For example, the margin of sampling error is 5.8 percentage points for Democrats, 6.0 percentage points for Republicans and 8.9 percentage points for independents.

Sampling error is only one of many potential sources of error and there may be other unmeasured error in this or any other survey.

Quality assurance checks were conducted to ensure data quality. In total, 74 interviews were removed for nonresponse to at least 50% of the questions asked of them, for completing the survey in less than one-third the median interview time for the full sample, or for straight-lining all grid questions asked of them. These interviews were excluded from the data file prior to weighting.

Once the sample has been selected and fielded, and all the study data have been collected and made final, a poststratification process is used to adjust for any survey nonresponse as well as any noncoverage or under and oversampling resulting from the study specific sample design.

Poststratification variables included age, gender, census division, race/ethnicity, education, and the 2024 presidential vote. Weighting variables were obtained from the 2025 Current Population Survey and the final results for 2024 presidential vote turnout and vote choice. The weighted data reflect the U.S. population of adults age 18 and over.

Complete questions and results are available at: apnorc.org.

Additional information on the AmeriSpeak Panel methodology is available at:
<https://amerispeak.norc.org/about-amerispeak/Pages/Panel-Design.aspx>.

For more information, email info@apnorc.org.

About the Associated Press-NORC Center for Public Affairs Research

The AP-NORC Center for Public Affairs Research taps into the power of social science research and the highest-quality journalism to bring key information to people across the nation and throughout the world.

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- NORC at the University of Chicago is one of the oldest objective and nonpartisan research institutions in the world. www.norc.org

The two organizations have established The AP-NORC Center for Public Affairs Research to conduct, analyze, and distribute social science research in the public interest on newsworthy topics, and to use the power of journalism to tell the stories that research reveals. Learn more at www.apnorc.org.